



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

BROICHHAUS, Ellen

Club: Tricologne

Number: 209

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:34:41

Speed: 8.53 km/h

Running performance: 6:48 min/km

Rank in course/Total: 124 (of 149)

Rank in course/Women: 25 (of 35)

Best time in course: 1:49:12

Rank in category: 9(of 10)

Best time in the category: 1:58:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:12	6:12	10	4:18	26	5:45	3.25	20:12	6:12	10	4:18	26	5:45
Lap 2	3.25	20:21	6:15	9	3:47	21	5:33	6.50	40:33	6:14	10	8:05	24	11:18
Lap 3	3.25	21:22	6:34	9	4:14	25	6:05	9.75	1:01:55	6:21	9	12:19	25	17:23
Lap 4	3.25	22:04	6:47	8	5:08	24	6:24	13.00	1:23:59	6:27	9	17:27	24	23:47
Lap 5	3.25	22:04	6:47	8	4:43	22	5:59	16.25	1:46:03	6:31	9	22:10	24	29:46
Lap 6	3.25	23:46	7:18	9	6:18	27	7:56	19.50	2:09:49	6:39	9	28:28	24	37:19
Last lap Finish	3.25	24:52	7:39	10	7:52	26	8:55	22.75	2:34:41	6:47	9	36:20	25	45:29