



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

KAPPLER, Tom

Club: SG Indersdorf

Number: 245

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:34:57

Speed: 8.52 km/h

Running performance: 6:49 min/km

Rank in course/Total: 125 (of 149)

Rank in course/Men: 100 (of 114)

Best time in course: 1:27:11

Rank in category: 21(of 24)

Best time in the category: 1:34:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	19:47	6:05	24	7:05	104	8:05	3.25	19:47	6:05	24	7:05	104	8:05	
Lap 2	3.25	20:35	6:19	22	7:09	104	8:01	6.50	40:22	6:12	22	14:14	104	16:06	
Lap 3	3.25	21:45	6:41	21	8:19	105	9:22	9.75	1:02:07	6:22	22	22:33	105	25:28	
Lap 4	3.25	23:07	7:06	23	9:21	109	10:34	13.00	1:25:14	6:33	23	31:54	106	36:02	
Lap 5	3.25	22:30	6:55	20	8:36	102	9:48	16.25	1:47:44	6:37	21	40:30	104	45:50	
Lap 6	3.25	23:33	7:14	23	9:25	103	10:40	19.50	2:11:17	6:43	22	49:55	103	56:29	
Last lap Finish	3.25	23:40	7:16	21	10:20	98	11:17	22.75	2:34:57	6:48	21	1:00:15	100	1:07:46	