



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

SCHRÖDER, Heidi

Club: Team Erdinger Alkoholfrei

Number: 323

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 2:39:36

Speed: 8.27 km/h

Running performance: 7:01 min/km

Rank in course/Total: 133 (of 149)

Rank in course/Women: 28 (of 35)

Best time in course: 1:49:12

Rank in category: 3(of 4)

Best time in the category: 1:50:33

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.25	21:30	6:36	3	6:06	31	7:03	3.25	21:30	6:36	3	6:06	31	7:03
Lap 2	3.25	21:55	6:44	3	6:22	31	7:07	6.50	43:25	6:40	3	12:28	31	14:10
Lap 3	3.25	21:36	6:38	3	5:52	26	6:19	9.75	1:05:01	6:40	3	18:20	31	20:29
Lap 4	3.25	21:50	6:43	3	5:59	22	6:10	13.00	1:26:51	6:40	3	24:19	28	26:39
Lap 5	3.25	22:57	7:03	3	6:43	27	6:52	16.25	1:49:48	6:45	3	31:02	28	33:31
Lap 6	3.25	23:40	7:16	3	7:50	26	7:50	19.50	2:13:28	6:50	3	38:52	27	40:58
Last lap Finish	3.25	26:08	8:02	3	10:11	31	10:11	22.75	2:39:36	7:00	3	49:03	28	50:24