



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

BEHRENS, David

Club: Sportshop-Triathlon Team

Number: 9

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:39:45

Speed: 8.26 km/h

Running performance: 7:01 min/km

Rank in course/Total: 134 (of 149)

Rank in course/Men: 106 (of 114)

Best time in course: 1:27:11

Rank in category: 23(of 24)

Best time in the category: 1:34:42

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	19:32	6:00	23	6:50	102	7:50	3.25	19:32	6:00	23	6:50	102	7:50
Lap 2	3.25	22:11	6:49	24	8:45	113	9:37	6.50	41:43	6:25	24	15:35	109	17:27
Lap 3	3.25	25:39	7:53	24	12:13	112	13:16	9.75	1:07:22	6:54	24	27:48	112	30:43
Lap 4	3.25	22:10	6:49	20	8:24	102	9:37	13.00	1:29:32	6:53	24	36:12	112	40:20
Lap 5	3.25	24:26	7:31	23	10:32	111	11:44	16.25	1:53:58	7:00	23	46:44	111	52:04
Lap 6	3.25	22:47	7:00	20	8:39	95	9:54	19.50	2:16:45	7:00	23	55:23	109	1:01:57
Last lap Finish	3.25	23:00	7:04	20	9:40	95	10:37	22.75	2:39:45	7:01	23	1:05:03	106	1:12:34