



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

WALTMANS, Johannes

Club: 6h-Lauf-Münster / Lübeck

Number: 140

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:44:39

Speed: 8.02 km/h

Running performance: 7:14 min/km

Rank in course/Total: 140 (of 149)

Rank in course/Men: 110 (of 114)

Best time in course: 1:27:11

Rank in category: 17(of 17)

Best time in the category: 1:38:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	18:36	5:43	14	6:02	86	6:54	3.25	18:36	5:43	14	6:02	86	6:54	
Lap 2	3.25	18:11	5:35	14	4:34	77	5:37	6.50	36:47	5:39	14	10:36	82	12:31	
Lap 3	3.25	18:56	5:49	14	5:01	79	6:33	9.75	55:43	5:42	14	15:10	82	19:04	
Lap 4	3.25	21:09	6:30	15	7:03	98	8:36	13.00	1:16:52	5:54	14	21:42	90	27:40	
Lap 5	3.25	22:01	6:46	14	7:38	97	9:19	16.25	1:38:53	6:05	15	29:09	91	36:59	
Lap 6	3.25	24:14	7:27	16	9:36	106	11:21	19.50	2:03:07	6:18	15	38:45	93	48:19	
Last lap Finish	3.25	41:32	12:46	17	27:00	111	29:09	22.75	2:44:39	7:14	17	1:05:43	110	1:17:28	