



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

WIESSNER, Enrico

Club: LG Nord Berlin Ultrateam

Number: 145

Course: 42.25 km

Marathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:54:22

Speed: 14.45 km/h

Running performance: 4:08 min/km

Rank in course/Total: 3 (of 110)

Rank in course/Men: 3 (of 100)

Best time in course: 2:42:44

Rank in category: 1(of 10)

Best time in the category: 2:54:22

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:50	3:56	2	0:38	5	1:37	3.25	12:50	3:56	2	0:38	5	1:37
Lap 2	3.25	12:40	3:53	1	-	2	0:57	6.50	25:30	3:55	2	0:02	4	2:34
Lap 3	3.25	12:32	3:51	1	-	2	0:20	9.75	38:02	3:54	1	-	3	2:54
Lap 4	3.25	12:40	3:53	1	-	2	0:08	13.00	50:42	3:54	1	-	2	3:02
Lap 5	3.25	12:46	3:55	1	-	3	0:02	16.25	1:03:28	3:54	1	-	2	3:04
Lap 6	3.25	12:47	3:55	1	-	2	0:01	19.50	1:16:15	3:54	1	-	3	2:55
Lap 7	3.25	13:08	4:02	1	-	3	0:35	22.75	1:29:23	3:55	1	-	3	3:30
Lap 8	3.25	13:19	4:05	1	-	3	0:35	26.00	1:42:42	3:57	1	-	3	4:05
Lap 9	3.25	13:57	4:17	1	-	3	1:09	29.25	1:56:39	3:59	1	-	3	5:14
Lap 10	3.25	14:03	4:19	1	-	3	1:08	32.50	2:10:42	4:01	1	-	3	6:22
Lap 11	3.25	14:18	4:24	1	-	4	1:18	35.75	2:25:00	4:03	1	-	3	7:40
Lap 12	3.25	14:27	4:26	1	-	3	1:42	39.00	2:39:27	4:05	1	-	3	9:22
Last lap Finish	3.25	14:55	4:35	2	0:28	8	2:16	42.25	2:54:22	4:07	1	-	3	11:38