



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

WESER, Carsten

Club: Laufteam wta

Number: 144

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:59:58

Speed: 11.38 km/h

Running performance: 5:16 min/km

Rank in course/Total: 52 (of 149)

Rank in course/Men: 46 (of 114)

Best time in course: 1:27:11

Rank in category: 9(of 24)

Best time in the category: 1:34:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:35	5:06	11	3:53	56	4:53	3.25	16:35	5:06	11	3:53	56	4:53
Lap 2	3.25	17:01	5:14	10	3:35	60	4:27	6.50	33:36	5:10	10	7:28	55	9:20
Lap 3	3.25	16:53	5:11	10	3:27	49	4:30	9.75	50:29	5:10	10	10:55	53	13:50
Lap 4	3.25	16:57	5:12	9	3:11	44	4:24	13.00	1:07:26	5:11	10	14:06	52	18:14
Lap 5	3.25	17:15	5:18	10	3:21	44	4:33	16.25	1:24:41	5:12	10	17:27	49	22:47
Lap 6	3.25	17:27	5:22	9	3:19	45	4:34	19.50	1:42:08	5:14	9	20:46	46	27:20
Last lap Finish	3.25	17:50	5:29	10	4:30	53	5:27	22.75	1:59:58	5:16	9	25:16	46	32:47