



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

BASIC, Asim

Club: Laufwunder Steyr

Number: 4

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:50:35

Speed: 11.94 km/h

Running performance: 4:52 min/km

Rank in course/Total: 27 (of 149)

Rank in course/Men: 25 (of 114)

Best time in course: 1:27:11

Rank in category: 6(of 24)

Best time in the category: 1:34:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	16:23	5:02	10	3:41	52	4:41	3.25	16:23	5:02	10	3:41	52	4:41	
Lap 2	3.25	15:25	4:44	6	1:59	31	2:51	6.50	31:48	4:53	9	5:40	42	7:32	
Lap 3	3.25	15:04	4:38	5	1:38	19	2:41	9.75	46:52	4:48	6	7:18	32	10:13	
Lap 4	3.25	14:57	4:35	2	1:11	13	2:24	13.00	1:01:49	4:45	6	8:29	30	12:37	
Lap 5	3.25	15:28	4:45	2	1:34	16	2:46	16.25	1:17:17	4:45	6	10:03	26	15:23	
Lap 6	3.25	16:15	5:00	6	2:07	25	3:22	19.50	1:33:32	4:47	6	12:10	26	18:44	
Last lap Finish	3.25	17:03	5:14	9	3:43	43	4:40	22.75	1:50:35	4:51	6	15:53	25	23:24	