



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

WOLF, Andrej

Club: SCC Scharmede

Number: 146

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:09:51

Speed: 13.27 km/h

Running performance: 4:29 min/km

Rank in course/Total: 8 (of 110)

Rank in course/Men: 8 (of 100)

Best time in course: 2:42:44

Rank in category: 2(of 19)

Best time in the category: 3:09:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:34	4:10	2	0:56	7	2:21	3.25	13:34	4:10	2	0:56	7	2:21
Lap 2	3.25	13:59	4:18	2	0:29	7	2:16	6.50	27:33	4:14	2	1:25	7	4:37
Lap 3	3.25	14:13	4:22	3	0:45	9	2:01	9.75	41:46	4:17	2	2:10	7	6:38
Lap 4	3.25	14:15	4:23	2	0:41	8	1:43	13.00	56:01	4:18	2	2:51	7	8:21
Lap 5	3.25	14:12	4:22	2	0:12	7	1:28	16.25	1:10:13	4:19	2	3:03	7	9:49
Lap 6	3.25	14:29	4:27	1	-	7	1:43	19.50	1:24:42	4:20	2	2:34	7	11:22
Lap 7	3.25	14:30	4:27	2	0:13	8	1:57	22.75	1:39:12	4:21	2	2:47	7	13:19
Lap 8	3.25	14:45	4:32	1	-	7	2:01	26.00	1:53:57	4:22	2	2:37	7	15:20
Lap 9	3.25	14:49	4:33	1	-	7	2:01	29.25	2:08:46	4:24	2	1:13	7	17:21
Lap 10	3.25	15:05	4:38	1	-	6	2:10	32.50	2:23:51	4:25	2	0:17	7	19:31
Lap 11	3.25	15:06	4:38	1	-	6	2:06	35.75	2:38:57	4:26	1	-	7	21:37
Lap 12	3.25	15:28	4:45	2	0:11	7	2:43	39.00	2:54:25	4:28	1	-	7	24:20
Last lap Finish	3.25	15:26	4:44	4	1:17	10	2:47	42.25	3:09:51	4:29	2	0:33	8	27:07