



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

FRANZ, Markus

Club: CRAZY RUNNERS TEAM FRANKENWALD

Number: 37

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:14:44

Speed: 9.80 km/h

Running performance: 5:55 min/km

Rank in course/Total: 85 (of 149)

Rank in course/Men: 73 (of 114)

Best time in course: 1:27:11

Rank in category: 15(of 28)

Best time in the category: 1:29:24

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|--|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
| Lap 1 | 3.25 | 17:46 | 5:28 | 18 | 5:35 | 73 | 6:04 | 3.25 | 17:46 | 5:28 | 18 | 5:35 | 73 | 6:04 | |
| Lap 2 | 3.25 | 17:34 | 5:24 | 15 | 4:43 | 67 | 5:00 | 6.50 | 35:20 | 5:26 | 17 | 10:18 | 73 | 11:04 | |
| Lap 3 | 3.25 | 18:19 | 5:38 | 16 | 5:21 | 71 | 5:56 | 9.75 | 53:39 | 5:30 | 16 | 15:39 | 70 | 17:00 | |
| Lap 4 | 3.25 | 18:42 | 5:45 | 14 | 5:59 | 67 | 6:09 | 13.00 | 1:12:21 | 5:33 | 16 | 21:38 | 71 | 23:09 | |
| Lap 5 | 3.25 | 21:07 | 6:29 | 24 | 8:17 | 92 | 8:25 | 16.25 | 1:33:28 | 5:45 | 16 | 29:55 | 73 | 31:34 | |
| Lap 6 | 3.25 | 19:59 | 6:08 | 14 | 7:06 | 71 | 7:06 | 19.50 | 1:53:27 | 5:49 | 15 | 37:01 | 73 | 38:39 | |
| Last lap Finish | 3.25 | 21:17 | 6:32 | 19 | 8:19 | 83 | 8:54 | 22.75 | 2:14:44 | 5:55 | 15 | 45:20 | 73 | 47:33 | |