



# 11. Kristall-Marathon

Merkers / 12.02.2017

## Detailed evaluation

**MERTEN, Torsten**

Club: 1.FC Köln

Number: 85

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:38:55

Speed: 11.51 km/h

Running performance: 5:11 min/km

Rank in course/Total: 20 (of 110)

Rank in course/Men: 20 (of 100)

Best time in course: 2:42:44

Rank in category: 5(of 19)

Best time in the category: 3:09:18

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:03	5:14	11	4:25	54	5:50	3.25	17:03	5:14	11	4:25	54	5:50
Lap 2	3.25	16:33	5:05	5	3:03	37	4:50	6.50	33:36	5:10	10	7:28	47	10:40
Lap 3	3.25	15:49	4:51	4	2:21	25	3:37	9.75	49:25	5:04	4	9:49	32	14:17
Lap 4	3.25	15:46	4:51	4	2:12	19	3:14	13.00	1:05:11	5:00	4	12:01	28	17:31
Lap 5	3.25	16:02	4:56	4	2:02	20	3:18	16.25	1:21:13	4:59	4	14:03	28	20:49
Lap 6	3.25	16:30	5:04	5	2:01	22	3:44	19.50	1:37:43	5:00	4	15:35	27	24:23
Lap 7	3.25	16:26	5:03	5	2:09	23	3:53	22.75	1:54:09	5:01	4	17:44	26	28:16
Lap 8	3.25	17:12	5:17	4	2:27	24	4:28	26.00	2:11:21	5:03	4	20:01	25	32:44
Lap 9	3.25	17:12	5:17	5	2:23	24	4:24	29.25	2:28:33	5:04	5	21:00	27	37:08
Lap 10	3.25	17:35	5:24	5	2:30	20	4:40	32.50	2:46:08	5:06	5	22:34	25	41:48
Lap 11	3.25	17:33	5:24	5	2:27	21	4:33	35.75	3:03:41	5:08	5	24:44	23	46:21
Lap 12	3.25	17:46	5:28	6	2:29	18	5:01	39.00	3:21:27	5:09	5	27:02	23	51:22
Last lap Finish	3.25	17:28	5:22	6	3:19	21	4:49	42.25	3:38:55	5:10	5	29:37	20	56:11