



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

WAGNER, Heribert

Club: SV Herschfeld

Number: 572

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 49:33

Speed: 10.90 km/h

Running performance: 5:05 min/km

Rank in course/Total: 35 (of 166)

Rank in course/Men: 30 (of 94)

Best time in course: 36:01

Rank in category: 6(of 12)

Best time in the category: 40:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:49	4:51	4	2:53	28	3:58	3.25	15:49	4:51	4	2:53	28	3:58
Lap 2	3.25	16:49	5:10	7	3:12	27	4:40	6.50	32:38	5:01	4	6:05	27	8:23
Last lap Finish	3.25	16:55	5:12	6	3:06	30	5:09	9.75	49:33	5:04	6	9:11	30	13:32