



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

SCHLUNG, Daniel

Club: SV 03 Gerbershausen

Number: 119

Course: 42.25 km

Marathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 3:41:52

Speed: 11.36 km/h

Running performance: 5:15 min/km

Rank in course/Total: 26 (of 110)

Rank in course/Men: 25 (of 100)

Best time in course: 2:42:44

Rank in category: 4(of 10)

Best time in the category: 2:54:22

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | | Pos Cat. | Behind Cat. | Total ranking | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|-------------|----------------|---------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | | | Pos Men | Behind Men |
| Lap 1 | 3.25 | 14:50 | 4:33 | 5 | 2:38 | 21 | 3:37 | 3.25 | 14:50 | 4:33 | 5 | 2:38 | 21 | 3:37 |
| Lap 2 | 3.25 | 15:57 | 4:54 | 5 | 3:17 | 29 | 4:14 | 6.50 | 30:47 | 4:44 | 5 | 5:19 | 23 | 7:51 |
| Lap 3 | 3.25 | 16:28 | 5:03 | 5 | 3:56 | 33 | 4:16 | 9.75 | 47:15 | 4:50 | 5 | 9:13 | 24 | 12:07 |
| Lap 4 | 3.25 | 16:08 | 4:57 | 5 | 3:28 | 27 | 3:36 | 13.00 | 1:03:23 | 4:52 | 5 | 12:41 | 25 | 15:43 |
| Lap 5 | 3.25 | 16:22 | 5:02 | 5 | 3:36 | 26 | 3:38 | 16.25 | 1:19:45 | 4:54 | 5 | 16:17 | 26 | 19:21 |
| Lap 6 | 3.25 | 16:37 | 5:06 | 4 | 3:50 | 27 | 3:51 | 19.50 | 1:36:22 | 4:56 | 5 | 20:07 | 25 | 23:02 |
| Lap 7 | 3.25 | 16:36 | 5:06 | 4 | 3:28 | 25 | 4:03 | 22.75 | 1:52:58 | 4:57 | 5 | 23:35 | 24 | 27:05 |
| Lap 8 | 3.25 | 16:49 | 5:10 | 3 | 3:30 | 20 | 4:05 | 26.00 | 2:09:47 | 4:59 | 5 | 27:05 | 23 | 31:10 |
| Lap 9 | 3.25 | 16:27 | 5:03 | 3 | 2:30 | 17 | 3:39 | 29.25 | 2:26:14 | 4:59 | 4 | 29:35 | 20 | 34:49 |
| Lap 10 | 3.25 | 17:10 | 5:16 | 3 | 3:07 | 17 | 4:15 | 32.50 | 2:43:24 | 5:01 | 4 | 32:42 | 20 | 39:04 |
| Lap 11 | 3.25 | 17:40 | 5:26 | 3 | 3:22 | 22 | 4:40 | 35.75 | 3:01:04 | 5:03 | 4 | 36:04 | 21 | 43:44 |
| Lap 12 | 3.25 | 20:50 | 6:24 | 5 | 6:23 | 53 | 8:05 | 39.00 | 3:21:54 | 5:10 | 4 | 42:27 | 24 | 51:49 |
| Last lap Finish | 3.25 | 19:58 | 6:08 | 6 | 5:31 | 50 | 7:19 | 42.25 | 3:41:52 | 5:15 | 4 | 47:30 | 25 | 59:08 |