



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

FISCHER, Sebastian

Club: SCHLEUSINGEN

Number: 33

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 3:45:25

Speed: 11.18 km/h

Running performance: 5:20 min/km

Rank in course/Total: 32 (of 110)

Rank in course/Men: 30 (of 100)

Best time in course: 2:42:44

Rank in category: 7(of 16)

Best time in the category: 2:42:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:24	5:21	12	6:11	65	6:11	3.25	17:24	5:21	12	6:11	65	6:11
Lap 2	3.25	16:58	5:13	9	5:15	49	5:15	6.50	34:22	5:17	10	11:26	55	11:26
Lap 3	3.25	17:05	5:15	10	4:53	48	4:53	9.75	51:27	5:16	11	16:19	52	16:19
Lap 4	3.25	16:44	5:08	7	4:12	37	4:12	13.00	1:08:11	5:14	10	20:31	49	20:31
Lap 5	3.25	17:15	5:18	8	4:31	40	4:31	16.25	1:25:26	5:15	9	25:02	44	25:02
Lap 6	3.25	17:08	5:16	7	4:12	34	4:22	19.50	1:42:34	5:15	9	29:14	43	29:14
Lap 7	3.25	17:19	5:19	8	4:46	34	4:46	22.75	1:59:53	5:16	8	34:00	40	34:00
Lap 8	3.25	17:22	5:20	6	4:38	27	4:38	26.00	2:17:15	5:16	7	38:38	35	38:38
Lap 9	3.25	17:38	5:25	7	4:50	30	4:50	29.25	2:34:53	5:17	7	43:28	34	43:28
Lap 10	3.25	17:43	5:27	7	4:48	24	4:48	32.50	2:52:36	5:18	7	48:16	33	48:16
Lap 11	3.25	17:44	5:27	7	4:44	23	4:44	35.75	3:10:20	5:19	7	53:00	33	53:00
Lap 12	3.25	17:47	5:28	5	5:02	19	5:02	39.00	3:28:07	5:20	7	58:02	31	58:02
Last lap Finish	3.25	17:18	5:19	6	4:39	18	4:39	42.25	3:45:25	5:20	7	1:02:41	30	1:02:41