



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

BUSSE, Stev

Club: Laufclub Anhalt, Oranienbaum
Number: 19

Course: 42.25 km
Marathon

Category:
Senioren M40 (40-44 Jahre)

Total time: 3:47:49

Speed: 11.06 km/h
Running performance: 5:23 min/km

Rank in course/Total: 33 (of 110)

Rank in course/Men: 31 (of 100)

Best time in course: 2:42:44

Rank in category: 6(of 19)

Best time in the category: 3:09:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:50	5:47	16	6:12	87	7:37	3.25	18:50	5:47	16	6:12	87	7:37
Lap 2	3.25	18:14	5:36	15	4:44	79	6:31	6.50	37:04	5:42	16	10:56	84	14:08
Lap 3	3.25	18:09	5:35	15	4:41	69	5:57	9.75	55:13	5:39	15	15:37	76	20:05
Lap 4	3.25	18:08	5:34	14	4:34	65	5:36	13.00	1:13:21	5:38	15	20:11	74	25:41
Lap 5	3.25	18:21	5:38	13	4:21	68	5:37	16.25	1:31:42	5:38	16	24:32	76	31:18
Lap 6	3.25	17:55	5:30	9	3:26	54	5:09	19.50	1:49:37	5:37	15	27:29	73	36:17
Lap 7	3.25	17:21	5:20	6	3:04	35	4:48	22.75	2:06:58	5:34	13	30:33	67	41:05
Lap 8	3.25	17:19	5:19	5	2:34	26	4:35	26.00	2:24:17	5:32	11	32:57	60	45:40
Lap 9	3.25	17:49	5:28	6	3:00	32	5:01	29.25	2:42:06	5:32	10	34:33	56	50:41
Lap 10	3.25	17:36	5:24	6	2:31	22	4:41	32.50	2:59:42	5:31	8	36:08	50	55:22
Lap 11	3.25	17:48	5:28	6	2:42	24	4:48	35.75	3:17:30	5:31	6	38:33	40	1:00:10
Lap 12	3.25	15:35	4:47	3	0:18	8	2:50	39.00	3:33:05	5:27	6	38:40	35	1:03:00
Last lap Finish	3.25	14:44	4:31	3	0:35	7	2:05	42.25	3:47:49	5:23	6	38:31	31	1:05:05