



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

Leser, Reiner

Number: 598

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 50:02

Speed: 10.79 km/h

Running performance: 5:08 min/km

Rank in course/Total: 36 (of 166)

Rank in course/Men: 31 (of 94)

Best time in course: 36:01

Rank in category: 7(of 12)

Best time in the category: 40:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:03	4:56	5	3:07	31	4:12	3.25	16:03	4:56	5	3:07	31	4:12
Lap 2	3.25	16:48	5:10	6	3:11	26	4:39	6.50	32:51	5:03	5	6:18	29	8:36
Last lap Finish	3.25	17:11	5:17	7	3:22	33	5:25	9.75	50:02	5:07	7	9:40	31	14:01