



# 11. Kristall-Marathon

Merkers / 12.02.2017

## Detailed evaluation

**AMTHOR, Markus**

Club: Laufrausch Rudolstadt

Number: 2

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 3:56:07

Speed: 10.67 km/h

Running performance: 5:35 min/km

Rank in course/Total: 43 (of 110)

Rank in course/Men: 41 (of 100)

Best time in course: 2:42:44

Rank in category: 9(of 16)

Best time in the category: 2:42:44

### Intermediate times

### Stage score

### Total ranking

| Control         | Split |       | Pos  | Behind | Pos    |      | Total | Total | Total   | Pos  | Behind | Pos     | Behind |         |
|-----------------|-------|-------|------|--------|--------|------|-------|-------|---------|------|--------|---------|--------|---------|
|                 | km    | Time  |      |        | min/km | Cat. |       |       |         |      |        |         |        | Men     |
| Lap 1           | 3.25  | 17:19 | 5:19 | 11     | 6:06   | 63   | 6:06  | 3.25  | 17:19   | 5:19 | 11     | 6:06    | 63     | 6:06    |
| Lap 2           | 3.25  | 17:06 | 5:15 | 11     | 5:23   | 53   | 5:23  | 6.50  | 34:25   | 5:17 | 11     | 11:29   | 58     | 11:29   |
| Lap 3           | 3.25  | 16:43 | 5:08 | 8      | 4:31   | 41   | 4:31  | 9.75  | 51:08   | 5:14 | 10     | 16:00   | 49     | 16:00   |
| Lap 4           | 3.25  | 16:56 | 5:12 | 8      | 4:24   | 40   | 4:24  | 13.00 | 1:08:04 | 5:14 | 9      | 20:24   | 48     | 20:24   |
| Lap 5           | 3.25  | 17:08 | 5:16 | 7      | 4:24   | 36   | 4:24  | 16.25 | 1:25:12 | 5:14 | 8      | 24:48   | 43     | 24:48   |
| Lap 6           | 3.25  | 17:12 | 5:17 | 8      | 4:16   | 35   | 4:26  | 19.50 | 1:42:24 | 5:15 | 8      | 29:04   | 42     | 29:04   |
| Lap 7           | 3.25  | 17:17 | 5:19 | 7      | 4:44   | 32   | 4:44  | 22.75 | 1:59:41 | 5:15 | 7      | 33:48   | 39     | 33:48   |
| Lap 8           | 3.25  | 17:38 | 5:25 | 7      | 4:54   | 32   | 4:54  | 26.00 | 2:17:19 | 5:16 | 8      | 38:42   | 36     | 38:42   |
| Lap 9           | 3.25  | 18:13 | 5:36 | 9      | 5:25   | 36   | 5:25  | 29.25 | 2:35:32 | 5:19 | 8      | 44:07   | 36     | 44:07   |
| Lap 10          | 3.25  | 19:04 | 5:51 | 10     | 6:09   | 45   | 6:09  | 32.50 | 2:54:36 | 5:22 | 8      | 50:16   | 37     | 50:16   |
| Lap 11          | 3.25  | 19:48 | 6:05 | 11     | 6:48   | 48   | 6:48  | 35.75 | 3:14:24 | 5:26 | 8      | 57:04   | 36     | 57:04   |
| Lap 12          | 3.25  | 19:25 | 5:58 | 9      | 6:40   | 36   | 6:40  | 39.00 | 3:33:49 | 5:28 | 8      | 1:03:44 | 36     | 1:03:44 |
| Last lap Finish | 3.25  | 22:18 | 6:51 | 13     | 9:39   | 60   | 9:39  | 42.25 | 3:56:07 | 5:35 | 9      | 1:13:23 | 41     | 1:13:23 |