



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

KRETZSCHMAR, Manfred

Club: Ichtshausen

Number: 72

Course: 42.25 km

Marathon

Category:

Senioren M65 (65-69 Jahre)

Total time: 3:57:34

Speed: 10.61 km/h

Running performance: 5:37 min/km

Rank in course/Total: 49 (of 110)

Rank in course/Men: 47 (of 100)

Best time in course: 2:42:44

Rank in category: 1(of 2)

Best time in the category: 3:57:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:12	4:59	1	-	29	4:59	3.25	16:12	4:59	1	-	29	4:59
Lap 2	3.25	16:24	5:02	2	0:40	31	4:41	6.50	32:36	5:00	2	0:30	32	9:40
Lap 3	3.25	16:23	5:02	2	0:38	28	4:11	9.75	48:59	5:01	2	1:08	30	13:51
Lap 4	3.25	17:03	5:14	2	1:17	43	4:31	13.00	1:06:02	5:04	2	2:25	31	18:22
Lap 5	3.25	16:55	5:12	2	0:48	32	4:11	16.25	1:22:57	5:06	2	3:13	30	22:33
Lap 6	3.25	17:41	5:26	2	1:09	48	4:55	19.50	1:40:38	5:09	2	4:22	36	27:18
Lap 7	3.25	17:43	5:27	2	0:26	37	5:10	22.75	1:58:21	5:12	2	4:48	35	32:28
Lap 8	3.25	19:30	6:00	2	1:16	67	6:46	26.00	2:17:51	5:18	2	6:04	38	39:14
Lap 9	3.25	19:17	5:56	1	-	51	6:29	29.25	2:37:08	5:22	2	5:34	38	45:43
Lap 10	3.25	19:54	6:07	1	-	57	6:59	32.50	2:57:02	5:26	2	4:02	38	52:42
Lap 11	3.25	20:34	6:19	1	-	55	7:34	35.75	3:17:36	5:31	2	2:00	42	1:00:16
Lap 12	3.25	20:38	6:20	1	-	51	7:53	39.00	3:38:14	5:35	1	-	47	1:08:09
Last lap Finish	3.25	19:20	5:56	1	-	37	6:41	42.25	3:57:34	5:37	1	-	47	1:14:50