



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

KRETZSCHMAR, Manfred

Club: Ichtshausen

Number: 72

Course: 42.25 km

Marathon

Category:

Senioren M65 (65-69 Jahre)

Total time: 3:57:34

Speed: 10.61 km/h

Running performance: 5:37 min/km

Rank in course/Total: 49 (of 110)

Rank in course/Men: 47 (of 100)

Best time in course: 2:42:44

Rank in category: 1(of 2)

Best time in the category: 3:57:34

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 16:12 | 4:59 | 1 | - | 29 | 4:59 | 3.25 | 16:12 | 4:59 | 1 | - | 29 | 4:59 |
| Lap 2 | 3.25 | 16:24 | 5:02 | 2 | 0:40 | 31 | 4:41 | 6.50 | 32:36 | 5:00 | 2 | 0:30 | 32 | 9:40 |
| Lap 3 | 3.25 | 16:23 | 5:02 | 2 | 0:38 | 28 | 4:11 | 9.75 | 48:59 | 5:01 | 2 | 1:08 | 30 | 13:51 |
| Lap 4 | 3.25 | 17:03 | 5:14 | 2 | 1:17 | 43 | 4:31 | 13.00 | 1:06:02 | 5:04 | 2 | 2:25 | 31 | 18:22 |
| Lap 5 | 3.25 | 16:55 | 5:12 | 2 | 0:48 | 32 | 4:11 | 16.25 | 1:22:57 | 5:06 | 2 | 3:13 | 30 | 22:33 |
| Lap 6 | 3.25 | 17:41 | 5:26 | 2 | 1:09 | 48 | 4:55 | 19.50 | 1:40:38 | 5:09 | 2 | 4:22 | 36 | 27:18 |
| Lap 7 | 3.25 | 17:43 | 5:27 | 2 | 0:26 | 37 | 5:10 | 22.75 | 1:58:21 | 5:12 | 2 | 4:48 | 35 | 32:28 |
| Lap 8 | 3.25 | 19:30 | 6:00 | 2 | 1:16 | 67 | 6:46 | 26.00 | 2:17:51 | 5:18 | 2 | 6:04 | 38 | 39:14 |
| Lap 9 | 3.25 | 19:17 | 5:56 | 1 | - | 51 | 6:29 | 29.25 | 2:37:08 | 5:22 | 2 | 5:34 | 38 | 45:43 |
| Lap 10 | 3.25 | 19:54 | 6:07 | 1 | - | 57 | 6:59 | 32.50 | 2:57:02 | 5:26 | 2 | 4:02 | 38 | 52:42 |
| Lap 11 | 3.25 | 20:34 | 6:19 | 1 | - | 55 | 7:34 | 35.75 | 3:17:36 | 5:31 | 2 | 2:00 | 42 | 1:00:16 |
| Lap 12 | 3.25 | 20:38 | 6:20 | 1 | - | 51 | 7:53 | 39.00 | 3:38:14 | 5:35 | 1 | - | 47 | 1:08:09 |
| Last lap Finish | 3.25 | 19:20 | 5:56 | 1 | - | 37 | 6:41 | 42.25 | 3:57:34 | 5:37 | 1 | - | 47 | 1:14:50 |