



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

MATTHA, Andreas

Club: SV 1960 Metzels

Number: 82

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:58:01

Speed: 10.59 km/h

Running performance: 5:38 min/km

Rank in course/Total: 50 (of 110)

Rank in course/Men: 48 (of 100)

Best time in course: 2:42:44

Rank in category: 13(of 26)

Best time in the category: 3:07:53

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:31	5:23	19	4:27	68	6:18	3.25	17:31	5:23	19	4:27	68	6:18
Lap 2	3.25	17:21	5:20	16	3:47	62	5:38	6.50	34:52	5:21	17	8:14	64	11:56
Lap 3	3.25	17:42	5:26	18	3:52	55	5:30	9.75	52:34	5:23	18	12:06	63	17:26
Lap 4	3.25	18:38	5:44	21	4:31	73	6:06	13.00	1:11:12	5:28	18	16:37	69	23:32
Lap 5	3.25	18:02	5:32	18	4:00	64	5:18	16.25	1:29:14	5:29	18	20:37	66	28:50
Lap 6	3.25	17:53	5:30	13	3:47	50	5:07	19.50	1:47:07	5:29	18	24:24	64	33:47
Lap 7	3.25	18:19	5:38	14	4:05	53	5:46	22.75	2:05:26	5:30	17	28:29	60	39:33
Lap 8	3.25	18:55	5:49	17	4:28	60	6:11	26.00	2:24:21	5:33	17	32:57	61	45:44
Lap 9	3.25	19:04	5:51	15	4:36	49	6:16	29.25	2:43:25	5:35	15	37:33	59	52:00
Lap 10	3.25	19:10	5:53	14	4:11	46	6:15	32.50	3:02:35	5:37	15	41:44	57	58:15
Lap 11	3.25	19:07	5:52	9	4:06	35	6:07	35.75	3:21:42	5:38	15	45:50	56	1:04:22
Lap 12	3.25	18:36	5:43	5	2:44	25	5:51	39.00	3:40:18	5:38	14	48:34	51	1:10:13
Last lap Finish	3.25	17:43	5:27	2	1:34	22	5:04	42.25	3:58:01	5:38	13	50:08	48	1:15:17