



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

Obermeier, Bernadette

Club: TSV Bad Kissingen

Number: 302

Course: 42.25 km

Marathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 4:03:34

Speed: 10.35 km/h

Running performance: 5:46 min/km

Rank in course/Total: 59 (of 110)

Rank in course/Women: 5 (of 10)

Best time in course: 3:41:35

Rank in category: 2(of 2)

Best time in the category: 3:59:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:15	5:55	2	1:19	8	4:18	3.25	19:15	5:55	2	1:19	8	4:18
Lap 2	3.25	19:21	5:57	2	0:48	7	3:24	6.50	38:36	5:56	2	2:07	7	7:42
Lap 3	3.25	18:40	5:44	1	-	5	2:14	9.75	57:16	5:52	2	1:41	7	9:56
Lap 4	3.25	18:37	5:43	1	-	4	2:12	13.00	1:15:53	5:50	2	1:27	6	11:28
Lap 5	3.25	18:06	5:34	1	-	4	1:31	16.25	1:33:59	5:47	2	1:04	6	12:13
Lap 6	3.25	17:59	5:31	1	-	3	1:12	19.50	1:51:58	5:44	2	0:36	5	12:08
Lap 7	3.25	17:55	5:30	1	-	3	1:05	22.75	2:09:53	5:42	1	-	4	13:13
Lap 8	3.25	18:12	5:35	2	0:06	4	1:12	26.00	2:28:05	5:41	2	0:02	5	14:25
Lap 9	3.25	18:48	5:47	2	0:44	4	1:50	29.25	2:46:53	5:42	2	0:46	5	15:58
Lap 10	3.25	18:44	5:45	2	0:15	4	1:26	32.50	3:05:37	5:42	2	1:01	5	17:24
Lap 11	3.25	18:26	5:40	1	-	3	1:02	35.75	3:24:03	5:42	2	1:01	5	18:26
Lap 12	3.25	19:51	6:06	2	1:15	5	1:39	39.00	3:43:54	5:44	2	2:16	5	20:05
Last lap Finish	3.25	19:40	6:03	2	1:54	5	2:10	42.25	4:03:34	5:45	2	4:10	5	21:59