



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

MEUSER, Nils

Club: Waldbrunn-Lahr

Number: 87

Course: 42.25 km

Marathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 4:16:24

Speed: 9.83 km/h

Running performance: 6:04 min/km

Rank in course/Total: 72 (of 110)

Rank in course/Men: 67 (of 100)

Best time in course: 2:42:44

Rank in category: 9(of 10)

Best time in the category: 2:54:22

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:36	5:24	10	5:24	70	6:23	3.25	17:36	5:24	10	5:24	70	6:23
Lap 2	3.25	17:22	5:20	10	4:42	64	5:39	6.50	34:58	5:22	10	9:30	67	12:02
Lap 3	3.25	17:56	5:31	10	5:24	65	5:44	9.75	52:54	5:25	10	14:52	66	17:46
Lap 4	3.25	18:01	5:32	8	5:21	59	5:29	13.00	1:10:55	5:27	10	20:13	64	23:15
Lap 5	3.25	17:38	5:25	7	4:52	45	4:54	16.25	1:28:33	5:26	10	25:05	61	28:09
Lap 6	3.25	17:42	5:26	7	4:55	49	4:56	19.50	1:46:15	5:26	10	30:00	60	32:55
Lap 7	3.25	18:05	5:33	8	4:57	45	5:32	22.75	2:04:20	5:27	10	34:57	55	38:27
Lap 8	3.25	18:46	5:46	7	5:27	56	6:02	26.00	2:23:06	5:30	10	40:24	56	44:29
Lap 9	3.25	20:55	6:26	10	6:58	71	8:07	29.25	2:44:01	5:36	10	47:22	61	52:36
Lap 10	3.25	22:11	6:49	10	8:08	76	9:16	32.50	3:06:12	5:43	10	55:30	67	1:01:52
Lap 11	3.25	23:00	7:04	8	8:42	71	10:00	35.75	3:29:12	5:51	10	1:04:12	67	1:11:52
Lap 12	3.25	23:44	7:18	8	9:17	73	10:59	39.00	3:52:56	5:58	9	1:13:29	68	1:22:51
Last lap Finish	3.25	23:28	7:13	7	9:01	74	10:49	42.25	4:16:24	6:04	9	1:22:02	67	1:33:40