



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

BEUSCHER, Tillmann

Club: Irrläufer

Number: 405

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 50:22

Speed: 11.61 km/h

Running performance: 5:10 min/km

Rank in course/Total: 39 (of 166)

Rank in course/Men: 33 (of 94)

Best time in course: 36:01

Rank in category: 7(of 12)

Best time in the category: 37:36

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:48	4:51	6	3:43	27	3:57	3.25	15:48	4:51	6	3:43	27	3:57
Lap 2	3.25	17:09	5:16	6	4:09	31	5:00	6.50	32:57	5:04	6	7:52	33	8:42
Last lap Finish	3.25	17:25	5:21	7	4:54	36	5:39	9.75	50:22	5:09	7	12:46	33	14:21