



# 11. Kristall-Marathon

Merkers / 12.02.2017

## Detailed evaluation

**HOFMANN, Markus**

Club: Nürnberg

Number: 53

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 4:18:30

Speed: 9.75 km/h

Running performance: 6:07 min/km

Rank in course/Total: 74 (of 110)

Rank in course/Men: 69 (of 100)

Best time in course: 2:42:44

Rank in category: 12(of 19)

Best time in the category: 3:09:18

### Intermediate times

### Stage score

### Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Men	Men			km	Time	
Lap 1	3.25	19:02	5:51	17	6:24	90	7:49	3.25	19:02	5:51	17	6:24	90	7:49
Lap 2	3.25	18:34	5:42	16	5:04	84	6:51	6.50	37:36	5:47	17	11:28	87	14:40
Lap 3	3.25	18:05	5:33	13	4:37	67	5:53	9.75	55:41	5:42	16	16:05	82	20:33
Lap 4	3.25	17:53	5:30	12	4:19	58	5:21	13.00	1:13:34	5:39	16	20:24	76	25:54
Lap 5	3.25	17:45	5:27	8	3:45	48	5:01	16.25	1:31:19	5:37	15	24:09	72	30:55
Lap 6	3.25	18:02	5:32	11	3:33	58	5:16	19.50	1:49:21	5:36	14	27:13	71	36:01
Lap 7	3.25	19:41	6:03	13	5:24	74	7:08	22.75	2:09:02	5:40	14	32:37	73	43:09
Lap 8	3.25	18:43	5:45	9	3:58	54	5:59	26.00	2:27:45	5:40	14	36:25	71	49:08
Lap 9	3.25	20:00	6:09	11	5:11	64	7:12	29.25	2:47:45	5:44	12	40:12	69	56:20
Lap 10	3.25	21:59	6:45	13	6:54	73	9:04	32.50	3:09:44	5:50	12	46:10	68	1:05:24
Lap 11	3.25	23:04	7:05	13	7:58	73	10:04	35.75	3:32:48	5:57	12	53:51	70	1:15:28
Lap 12	3.25	22:49	7:01	12	7:32	65	10:04	39.00	3:55:37	6:02	12	1:01:12	70	1:25:32
Last lap Finish	3.25	22:53	7:02	12	8:44	67	10:14	42.25	4:18:30	6:07	12	1:09:12	69	1:35:46