



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

GEBERT, Jan

Club: Kings of Talent

Number: 38

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 4:21:29

Speed: 9.64 km/h

Running performance: 6:11 min/km

Rank in course/Total: 76 (of 110)

Rank in course/Men: 71 (of 100)

Best time in course: 2:42:44

Rank in category: 13(of 19)

Best time in the category: 3:09:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:55	5:12	8	4:17	47	5:42	3.25	16:55	5:12	8	4:17	47	5:42
Lap 2	3.25	17:55	5:30	14	4:25	73	6:12	6.50	34:50	5:21	14	8:42	63	11:54
Lap 3	3.25	17:44	5:27	10	4:16	56	5:32	9.75	52:34	5:23	13	12:58	63	17:26
Lap 4	3.25	18:03	5:33	13	4:29	61	5:31	13.00	1:10:37	5:25	11	17:27	60	22:57
Lap 5	3.25	17:56	5:31	11	3:56	57	5:12	16.25	1:28:33	5:26	11	21:23	61	28:09
Lap 6	3.25	18:45	5:46	13	4:16	72	5:59	19.50	1:47:18	5:30	12	25:10	65	33:58
Lap 7	3.25	19:26	5:58	12	5:09	71	6:53	22.75	2:06:44	5:34	12	30:19	65	40:51
Lap 8	3.25	20:00	6:09	13	5:15	72	7:16	26.00	2:26:44	5:38	12	35:24	67	48:07
Lap 9	3.25	21:13	6:31	12	6:24	73	8:25	29.25	2:47:57	5:44	13	40:24	70	56:32
Lap 10	3.25	22:13	6:50	14	7:08	77	9:18	32.50	3:10:10	5:51	13	46:36	70	1:05:50
Lap 11	3.25	24:11	7:26	15	9:05	84	11:11	35.75	3:34:21	5:59	13	55:24	72	1:17:01
Lap 12	3.25	24:42	7:35	15	9:25	82	11:57	39.00	3:59:03	6:07	13	1:04:38	73	1:28:58
Last lap Finish	3.25	22:26	6:54	10	8:17	64	9:47	42.25	4:21:29	6:11	13	1:12:11	71	1:38:45