



# 11. Kristall-Marathon

Merkers / 12.02.2017

## Detailed evaluation

**GEBES, Norbert**

Club: Go Willi Go

Number: 39

Course: 42.25 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 4:25:09

Speed: 9.50 km/h

Running performance: 6:17 min/km

Rank in course/Total: 81 (of 110)

Rank in course/Men: 75 (of 100)

Best time in course: 2:42:44

Rank in category: 6(of 11)

Best time in the category: 3:39:49

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	16:54	5:11	2	1:01	46	5:41	3.25	16:54	5:11	2	1:01	46	5:41
Lap 2	3.25	18:05	5:33	4	2:29	75	6:22	6.50	34:59	5:22	4	3:30	69	12:03
Lap 3	3.25	18:29	5:41	4	2:37	74	6:17	9.75	53:28	5:29	3	6:07	69	18:20
Lap 4	3.25	18:57	5:49	5	2:59	77	6:25	13.00	1:12:25	5:34	4	9:06	71	24:45
Lap 5	3.25	19:15	5:55	7	2:59	81	6:31	16.25	1:31:40	5:38	5	12:05	75	31:16
Lap 6	3.25	19:48	6:05	5	3:18	80	7:02	19.50	1:51:28	5:42	5	15:23	77	38:08
Lap 7	3.25	20:18	6:14	6	3:53	79	7:45	22.75	2:11:46	5:47	5	19:16	77	45:53
Lap 8	3.25	21:22	6:34	8	4:28	82	8:38	26.00	2:33:08	5:53	5	23:44	79	54:31
Lap 9	3.25	21:47	6:42	7	4:51	79	8:59	29.25	2:54:55	5:58	6	28:09	78	1:03:30
Lap 10	3.25	22:24	6:53	6	5:46	78	9:29	32.50	3:17:19	6:04	6	32:38	78	1:12:59
Lap 11	3.25	22:28	6:54	6	5:28	69	9:28	35.75	3:39:47	6:08	6	35:54	78	1:22:27
Lap 12	3.25	22:43	6:59	6	5:23	64	9:58	39.00	4:02:30	6:13	6	38:31	76	1:32:25
Last lap Finish	3.25	22:39	6:58	7	6:49	65	10:00	42.25	4:25:09	6:16	6	45:20	75	1:42:25