



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

MIHM, Claudia

Club: TSG Mackenzell

Number: 506

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 50:22

Speed: 10.72 km/h

Running performance: 5:10 min/km

Rank in course/Total: 40 (of 166)

Rank in course/Women: 7 (of 72)

Best time in course: 42:41

Rank in category: 2(of 11)

Best time in the category: 49:00

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 3.25 | 16:56 | 5:12 | 2 | 0:39 | 9 | 3:19 | 3.25 | 16:56 | 5:12 | 2 | 0:39 | 9 | 3:19 |
| Lap 2 | 3.25 | 16:47 | 5:09 | 2 | 0:13 | 6 | 2:17 | 6.50 | 33:43 | 5:11 | 2 | 0:52 | 8 | 5:36 |
| Last lap Finish | 3.25 | 16:39 | 5:07 | 2 | 0:30 | 5 | 2:05 | 9.75 | 50:22 | 5:09 | 2 | 1:22 | 7 | 7:41 |