



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

HIPPE, Karsten

Club: Happy Hippos Running Team

Number: 52

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 4:52:08

Speed: 8.63 km/h

Running performance: 6:55 min/km

Rank in course/Total: 101 (of 110)

Rank in course/Men: 94 (of 100)

Best time in course: 2:42:44

Rank in category: 16(of 19)

Best time in the category: 3:09:18

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | | Pos Cat. | Behind Cat. | Total ranking | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|-------------|----------------|---------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | | | Pos Men | Behind Men |
| Lap 1 | 3.25 | 17:45 | 5:27 | 15 | 5:07 | 74 | 6:32 | 3.25 | 17:45 | 5:27 | 15 | 5:07 | 74 | 6:32 |
| Lap 2 | 3.25 | 18:48 | 5:47 | 17 | 5:18 | 87 | 7:05 | 6.50 | 36:33 | 5:37 | 15 | 10:25 | 79 | 13:37 |
| Lap 3 | 3.25 | 19:23 | 5:57 | 17 | 5:55 | 88 | 7:11 | 9.75 | 55:56 | 5:44 | 17 | 16:20 | 83 | 20:48 |
| Lap 4 | 3.25 | 20:02 | 6:09 | 17 | 6:28 | 91 | 7:30 | 13.00 | 1:15:58 | 5:50 | 17 | 22:48 | 86 | 28:18 |
| Lap 5 | 3.25 | 20:11 | 6:12 | 17 | 6:11 | 90 | 7:27 | 16.25 | 1:36:09 | 5:55 | 17 | 28:59 | 87 | 35:45 |
| Lap 6 | 3.25 | 20:10 | 6:12 | 16 | 5:41 | 83 | 7:24 | 19.50 | 1:56:19 | 5:57 | 16 | 34:11 | 87 | 42:59 |
| Lap 7 | 3.25 | 21:16 | 6:32 | 16 | 6:59 | 88 | 8:43 | 22.75 | 2:17:35 | 6:02 | 16 | 41:10 | 85 | 51:42 |
| Lap 8 | 3.25 | 21:45 | 6:41 | 15 | 7:00 | 87 | 9:01 | 26.00 | 2:39:20 | 6:07 | 16 | 48:00 | 84 | 1:00:43 |
| Lap 9 | 3.25 | 23:03 | 7:05 | 16 | 8:14 | 88 | 10:15 | 29.25 | 3:02:23 | 6:14 | 16 | 54:50 | 86 | 1:10:58 |
| Lap 10 | 3.25 | 24:09 | 7:25 | 16 | 9:04 | 90 | 11:14 | 32.50 | 3:26:32 | 6:21 | 16 | 1:02:58 | 88 | 1:22:12 |
| Lap 11 | 3.25 | 26:55 | 8:16 | 16 | 11:49 | 94 | 13:55 | 35.75 | 3:53:27 | 6:31 | 16 | 1:14:30 | 91 | 1:36:07 |
| Lap 12 | 3.25 | 29:23 | 9:02 | 18 | 14:06 | 98 | 16:38 | 39.00 | 4:22:50 | 6:44 | 16 | 1:28:25 | 92 | 1:52:45 |
| Last lap Finish | 3.25 | 29:18 | 9:00 | 18 | 15:09 | 96 | 16:39 | 42.25 | 4:52:08 | 6:54 | 16 | 1:42:50 | 94 | 2:09:24 |