



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

STAHR, Madlen

Club: CityBootCamp Leipzig

Number: 551

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 50:25

Speed: 10.71 km/h

Running performance: 5:10 min/km

Rank in course/Total: 41 (of 166)

Rank in course/Women: 8 (of 72)

Best time in course: 42:41

Rank in category: 3(of 9)

Best time in the category: 45:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	16:53	5:11	4	3:07	8	3:16	3.25	16:53	5:11	4	3:07	8	3:16
Lap 2	3.25	16:49	5:10	3	0:58	7	2:19	6.50	33:42	5:11	3	4:05	7	5:35
Last lap Finish	3.25	16:43	5:08	3	0:41	7	2:09	9.75	50:25	5:10	3	4:46	8	7:44