



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

BRODFÜHRER, Jochen

Club: TSV Bischofsheim/Rhön

Number: 414

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 51:18

Speed: 10.53 km/h

Running performance: 5:16 min/km

Rank in course/Total: 44 (of 166)

Rank in course/Men: 35 (of 94)

Best time in course: 36:01

Rank in category: 5(of 16)

Best time in the category: 46:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:43	4:50	3	1:15	25	3:52	3.25	15:43	4:50	3	1:15	25	3:52
Lap 2	3.25	17:44	5:27	5	1:42	34	5:35	6.50	33:27	5:08	5	2:57	35	9:12
Last lap Finish	3.25	17:51	5:29	7	1:38	40	6:05	9.75	51:18	5:15	5	4:35	35	15:17