



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

WROBEL, Ronny

Club: TSV Schrozberg

Number: 595

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 54:55

Speed: 9.83 km/h

Running performance: 5:38 min/km

Rank in course/Total: 57 (of 166)

Rank in course/Men: 43 (of 94)

Best time in course: 36:01

Rank in category: 9(of 12)

Best time in the category: 37:36

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	18:36	5:43	9	6:31	52	6:45	3.25	18:36	5:43	9	6:31	52	6:45
Lap 2	3.25	18:30	5:41	9	5:30	44	6:21	6.50	37:06	5:42	9	12:01	52	12:51
Last lap Finish	3.25	17:49	5:28	8	5:18	39	6:03	9.75	54:55	5:37	9	17:19	43	18:54