



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

HANF, Jörg

Club: EG Suhl

Number: 445

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 55:05

Speed: 9.80 km/h

Running performance: 5:39 min/km

Rank in course/Total: 58 (of 166)

Rank in course/Men: 44 (of 94)

Best time in course: 36:01

Rank in category: 6(of 15)

Best time in the category: 39:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	17:37	5:25	5	4:51	42	5:46	3.25	17:37	5:25	5	4:51	42	5:46	
Lap 2	3.25	18:42	5:45	7	5:22	47	6:33	6.50	36:19	5:35	6	10:13	46	12:04	
Last lap Finish	3.25	18:46	5:46	6	5:27	48	7:00	9.75	55:05	5:38	6	15:40	44	19:04	