



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

HANF, Jörg

Club: EG Suhl

Number: 445

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 55:05

Speed: 9.80 km/h

Running performance: 5:39 min/km

Rank in course/Total: 58 (of 166)

Rank in course/Men: 44 (of 94)

Best time in course: 36:01

Rank in category: 6(of 15)

Best time in the category: 39:25

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 17:37 | 5:25 | 5 | 4:51 | 42 | 5:46 | 3.25 | 17:37 | 5:25 | 5 | 4:51 | 42 | 5:46 |
| Lap 2 | 3.25 | 18:42 | 5:45 | 7 | 5:22 | 47 | 6:33 | 6.50 | 36:19 | 5:35 | 6 | 10:13 | 46 | 12:04 |
| Last lap Finish | 3.25 | 18:46 | 5:46 | 6 | 5:27 | 48 | 7:00 | 9.75 | 55:05 | 5:38 | 6 | 15:40 | 44 | 19:04 |