



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

SAUERMANN, Florian

Club: Alsfeld

Number: 533

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 56:49

Speed: 10.30 km/h

Running performance: 5:50 min/km

Rank in course/Total: 66 (of 166)

Rank in course/Men: 50 (of 94)

Best time in course: 36:01

Rank in category: 5(of 11)

Best time in the category: 47:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:09	5:53	9	3:56	63	7:18	3.25	19:09	5:53	9	3:56	63	7:18
Lap 2	3.25	18:52	5:48	5	2:49	49	6:43	6.50	38:01	5:50	7	6:24	55	13:46
Last lap Finish	3.25	18:48	5:47	4	3:00	49	7:02	9.75	56:49	5:49	5	9:00	50	20:48