



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

AMTMANN, Maria

Club: Bamberg

Number: 400

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 57:25

Speed: 9.40 km/h

Running performance: 5:53 min/km

Rank in course/Total: 69 (of 166)

Rank in course/Women: 17 (of 72)

Best time in course: 42:41

Rank in category: 2(of 10)

Best time in the category: 45:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:14	5:36	2	3:51	16	4:37	3.25	18:14	5:36	2	3:51	16	4:37
Lap 2	3.25	19:27	5:59	5	4:16	21	4:57	6.50	37:41	5:47	2	8:07	17	9:34
Last lap Finish	3.25	19:44	6:04	6	4:13	26	5:10	9.75	57:25	5:53	2	12:20	17	14:44