



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

EMMERLICH, Jörg

Club: LT Freigericht

Number: 427

Course: 9.75 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 57:29

Speed: 10.18 km/h

Running performance: 5:54 min/km

Rank in course/Total: 71 (of 166)

Rank in course/Men: 53 (of 94)

Best time in course: 36:01

Rank in category: 1(of 4)

Best time in the category: 57:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:56	5:31	1	-	49	6:05	3.25	17:56	5:31	1	-	49	6:05
Lap 2	3.25	19:07	5:52	1	-	52	6:58	6.50	37:03	5:41	1	-	51	12:48
Last lap Finish	3.25	20:26	6:17	2	0:04	65	8:40	9.75	57:29	5:53	1	-	53	21:28