



# 11. Kristall-Marathon

Merkers / 12.02.2017

## Detailed evaluation

**LORENZ, Annett**

Club: SOLE Runners Bad Salzungen

Number: 491

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 57:28

Speed: 10.18 km/h

Running performance: 5:53 min/km

Rank in course/Total: 70 (of 166)

Rank in course/Women: 18 (of 72)

Best time in course: 42:41

Rank in category: 3(of 10)

Best time in the category: 45:05

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:33	6:00	5	5:10	34	5:56	3.25	19:33	6:00	5	5:10	34	5:56
Lap 2	3.25	18:57	5:49	2	3:46	17	4:27	6.50	38:30	5:55	5	8:56	26	10:23
Last lap Finish	3.25	18:58	5:50	2	3:27	17	4:24	9.75	57:28	5:53	3	12:23	18	14:47