



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

KLEIN, raphael

Club: RUNTERRA

Number: 474

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 57:31

Speed: 9.39 km/h

Running performance: 5:54 min/km

Rank in course/Total: 72 (of 166)

Rank in course/Men: 54 (of 94)

Best time in course: 36:01

Rank in category: 7(of 11)

Best time in the category: 47:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:35	6:01	10	4:22	71	7:44	3.25	19:35	6:01	10	4:22	71	7:44
Lap 2	3.25	19:06	5:52	7	3:03	51	6:57	6.50	38:41	5:57	10	7:04	59	14:26
Last lap Finish	3.25	18:50	5:47	5	3:02	50	7:04	9.75	57:31	5:53	7	9:42	54	21:30