



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

BUCHTA, Katrin

Club: Tri-Finisher Berlin e.V.

Number: 415

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 57:42

Speed: 9.36 km/h

Running performance: 5:55 min/km

Rank in course/Total: 74 (of 166)

Rank in course/Women: 20 (of 72)

Best time in course: 42:41

Rank in category: 5(of 10)

Best time in the category: 45:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:01	5:51	4	4:38	29	5:24	3.25	19:01	5:51	4	4:38	29	5:24
Lap 2	3.25	19:23	5:57	4	4:12	20	4:53	6.50	38:24	5:54	4	8:50	22	10:17
Last lap Finish	3.25	19:18	5:56	3	3:47	19	4:44	9.75	57:42	5:55	5	12:37	20	15:01