



# 11. Kristall-Marathon

Merkers / 12.02.2017

## Detailed evaluation

**GÄNßBAUER, Florian**

Club: VfL Wampenhäusen

Number: 436

Course: 9.75 km

10 km Lauf

Category:

Männer (20-29 Jahre)

Total time: 57:44

Speed: 10.13 km/h

Running performance: 5:55 min/km

Rank in course/Total: 75 (of 166)

Rank in course/Men: 55 (of 94)

Best time in course: 36:01

Rank in category: 5(of 6)

Best time in the category: 37:26

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total ranking		
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:00	6:09	5	8:09	75	8:09	3.25	20:00	6:09	5	8:09	75	8:09
Lap 2	3.25	22:04	6:47	5	9:26	83	9:55	6.50	42:04	6:28	5	17:19	78	17:49
Last lap Finish	3.25	15:40	4:49	4	3:29	19	3:54	9.75	57:44	5:55	5	20:18	55	21:43