



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

DR.SCHMIDT, Jens

Club: Seewolfjäger

Number: 422

Course: 9.75 km

10 km Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 58:50

Speed: 9.18 km/h

Running performance: 6:02 min/km

Rank in course/Total: 89 (of 166)

Rank in course/Men: 61 (of 94)

Best time in course: 36:01

Rank in category: 11(of 16)

Best time in the category: 46:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	19:03	5:51	11	4:35	61	7:12	3.25	19:03	5:51	11	4:35	61	7:12	
Lap 2	3.25	20:08	6:11	10	4:06	62	7:59	6.50	39:11	6:01	11	8:41	62	14:56	
Last lap Finish	3.25	19:39	6:02	9	3:26	56	7:53	9.75	58:50	6:02	11	12:07	61	22:49	