



# 11. Kristall-Marathon

Merkers / 12.02.2017

## Detailed evaluation

**WESTHÄUSER, Horst**

Club: SV-EK Veilsdorf

Number: 583

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 40:22

Speed: 14.49 km/h

Running performance: 4:08 min/km

Rank in course/Total: 8 (of 166)

Rank in course/Men: 8 (of 94)

Best time in course: 36:01

Rank in category: 1(of 12)

Best time in the category: 40:22

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:56	3:58	1	-	10	1:05	3.25	12:56	3:58	1	-	10	1:05
Lap 2	3.25	13:37	4:11	1	-	7	1:28	6.50	26:33	4:05	1	-	7	2:18
Last lap Finish	3.25	13:49	4:15	1	-	8	2:03	9.75	40:22	4:08	1	-	8	4:21