



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

LECHEL, Hermann

Club: Seewolfjäger

Number: 486

Course: 9.75 km

10 km Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 58:50

Speed: 9.18 km/h

Running performance: 6:02 min/km

Rank in course/Total: 90 (of 166)

Rank in course/Men: 61 (of 94)

Best time in course: 36:01

Rank in category: 9(of 12)

Best time in the category: 40:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:03	5:51	9	6:07	61	7:12	3.25	19:03	5:51	9	6:07	61	7:12
Lap 2	3.25	20:09	6:11	9	6:32	63	8:00	6.50	39:12	6:01	9	12:39	63	14:57
Last lap Finish	3.25	19:38	6:02	8	5:49	55	7:52	9.75	58:50	6:02	9	18:28	61	22:49