



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

DÖPEL, Oliver

Club: Meiningen Drachen

Number: 421

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 58:49

Speed: 9.18 km/h

Running performance: 6:02 min/km

Rank in course/Total: 88 (of 166)

Rank in course/Men: 60 (of 94)

Best time in course: 36:01

Rank in category: 8(of 11)

Best time in the category: 47:49

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 3.25 | 17:48 | 5:28 | 6 | 2:35 | 47 | 5:57 | 3.25 | 17:48 | 5:28 | 6 | 2:35 | 47 | 5:57 |
| Lap 2 | 3.25 | 18:26 | 5:40 | 4 | 2:23 | 43 | 6:17 | 6.50 | 36:14 | 5:34 | 4 | 4:37 | 43 | 11:59 |
| Last lap Finish | 3.25 | 22:35 | 6:56 | 11 | 6:47 | 82 | 10:49 | 9.75 | 58:49 | 6:01 | 8 | 11:00 | 60 | 22:48 |