



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

KEßLER, Martin

Club: Berlin
Number: 473

Course: 9.75 km
10 km Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 59:02

Speed: 9.91 km/h
Running performance: 6:03 min/km

Rank in course/Total: 91 (of 166)

Rank in course/Men: 63 (of 94)

Best time in course: 36:01

Rank in category: 9(of 11)

Best time in the category: 47:49

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	3.25	18:36	5:43	7	3:23	52	6:45	3.25	18:36	5:43	7	3:23	52	6:45
Lap 2	3.25	19:43	6:03	9	3:40	58	7:34	6.50	38:19	5:53	8	6:42	56	14:04
Last lap Finish	3.25	20:43	6:22	8	4:55	73	8:57	9.75	59:02	6:03	9	11:13	63	23:01