



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

MECKLENBURG, Verena

Club: Hennef

Number: 502

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 59:08

Speed: 9.13 km/h

Running performance: 6:04 min/km

Rank in course/Total: 93 (of 166)

Rank in course/Women: 30 (of 72)

Best time in course: 42:41

Rank in category: 5(of 13)

Best time in the category: 50:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:39	5:44	4	2:24	22	5:02	3.25	18:39	5:44	4	2:24	22	5:02
Lap 2	3.25	20:14	6:13	6	3:15	33	5:44	6.50	38:53	5:58	5	5:39	28	10:46
Last lap Finish	3.25	20:15	6:13	6	3:11	35	5:41	9.75	59:08	6:03	5	8:50	30	16:27