



11. Kristall-Marathon

Merkers / 12.02.2017

Detailed evaluation

MATTES, Fabian

Club: Hennef

Number: 499

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 59:08

Speed: 9.89 km/h

Running performance: 6:04 min/km

Rank in course/Total: 94 (of 166)

Rank in course/Men: 64 (of 94)

Best time in course: 36:01

Rank in category: 10(of 11)

Best time in the category: 47:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:39	5:44	8	3:26	54	6:48	3.25	18:39	5:44	8	3:26	54	6:48
Lap 2	3.25	19:58	6:08	10	3:55	60	7:49	6.50	38:37	5:56	9	7:00	57	14:22
Last lap Finish	3.25	20:31	6:18	7	4:43	67	8:45	9.75	59:08	6:03	10	11:19	64	23:07