



3. Nikolauslauf Hofbieber

Hofbieber / 10.12.2017

Detailed evaluation

HENNING, Mario

Club: TLV-LT Eichenzell

Number: 39

Course: 6.12 km

Hauptlauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 29:28

Speed: 12.22 km/h

Running performance: 4:49 min/km

Rank in course/Total: 10 (of 125)

Rank in course/Men: 8 (of 67)

Best time in course: 26:07

Rank in category: 1(of 13)

Best time in the category: 29:28