



3. Nikolauslauf Hofbieber

Hofbieber / 10.12.2017

Detailed evaluation

RÖDER, Mirko

Club: Groma

Number: 80

Course: 6.12 km

Hauptlauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:03:13

Speed: 5.69 km/h

Running performance: 10:20 min/km

Rank in course/Total: 119 (of 125)

Rank in course/Men: 65 (of 67)

Best time in course: 26:07

Rank in category: 13(of 13)

Best time in the category: 29:28