



3. Nikolauslauf Hofbieber

Hofbieber / 10.12.2017

Detailed evaluation

RÜFFER, Klaus

Club: Spessartläufer-Salmünster

Number: 84

Course: 6.12 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:03:53

Speed: 5.64 km/h

Running performance: 10:26 min/km

Rank in course/Total: 122 (of 125)

Rank in course/Men: 67 (of 67)

Best time in course: 26:07

Rank in category: 5(of 5)

Best time in the category: 29:51