



3. Nikolauslauf Hofbieber

Hofbieber / 10.12.2017

Detailed evaluation

Eggerstedt, Tom

Club: TRI - FORCE Fulda

Number: 130

Course: 6.12 km

Hauptlauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 30:12

Speed: 11.92 km/h

Running performance: 4:56 min/km

Rank in course/Total: 13 (of 125)

Rank in course/Men: 10 (of 67)

Best time in course: 26:07

Rank in category: 3(of 7)

Best time in the category: 28:05