



3. Nikolauslauf Hofbieber

Hofbieber / 10.12.2017

Detailed evaluation

Hodes, Ernst

Club: Eiterfeld

Number: 126

Course: 6.12 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 31:39

Speed: 11.37 km/h

Running performance: 5:10 min/km

Rank in course/Total: 18 (of 125)

Rank in course/Men: 14 (of 67)

Best time in course: 26:07

Rank in category: 3(of 9)

Best time in the category: 30:16